

Figure 4: A principal component analysis on the phenolic compounds studied and total sesquiterpene lactones in *Arnica* collection: (a) Principal component analysis score plot; (b) Principal component analysis loading plot

Several differences were observed in the quantitative pattern of phenolic acids as compared with already published data.^[15,25-27] In our study, the amounts of chlorogenic and *p*-coumaric acids were generally higher than those reported by Craciunescu *et al.*, 2012 (0.329 mg/g chlorogenic acid; 0.038 mg/g *p*-coumaric acid).^[29] On the other hand, chlorogenic acid was up to 3 orders of magnitude lower than that established by Albert *et al.*, 2009 (4.4–6.7 mg/g)^[12] and Pljevljakušić, 2012 (1.9–6.57 mg/g).^[23] The content of caffeic acid was in agreement with the literature.^[15,29] The difference could be due to the methods of sample preparation and quantification used as well as the number and variety of phenolic acids included in the amounts stated.

Bulgarian *Arnica* accessions (cluster C2) shared high levels of STLs, while their total amounts of flavonoids and phenolic acids were substantially lower as compared with cluster C3. In contrast to these results, the commercial sample H (cluster C1) was characterized by a high content of phenolic acids and a considerably small amount of STLs and flavonoids [Tables 3 and 4]. Furthermore, only sample H, claimed to be mountain *Arnica*, had no satisfactory results according to the requirements of the European Pharmacopoeia (content of lactones over 0.4%).^[10] Nevertheless, our phytochemical investigation and morphological identification proved it as *Arnica chamissonis*. This species has similar flavonoid pattern and medicinal characteristic as mountain *Arnica*, and it is considered to be equivalent of *A. montana*.^[4,30] Our data were lower in comparison to those from the *A. chamissonis* flower heads (0.62%) reported by Todorova *et al.*, 2008.^[31]

In this study, the content of STLs in accessions with Bulgarian provenance agreed with that reported for *Arnica* by Pljevljakušić, 2014 (from 4.6 mg/g to 13.9 mg/g),^[23] and was intermediate between the values reported by Heldmaier, 2007 (0.64%)^[32] and Clauser *et al.* 2012 (up to 2.31%).^[27] As regards previously studied samples with Bulgarian origin, our results showed predominantly larger quantities of STLs (9.5 mg/g lacton mixture helenalin and dihydrohelenalin esters).^[16] With respect to the examined cultivars C and F (cluster C3), they gave values within the range of literature (0.8–1.3%).^[11]

In this study, plant material was with different provenance and collected in different years. In general, altitudinal variation and temperature have been

proved to be key factors affecting secondary metabolite profile of *Arnica* flowers.^[11,12,28] These principal parameters vary considerably by region and year, giving notions of chemical composition. At this respect, previous studies on mountain *Arnica* have associated a higher content in flavonoids with a high altitude. Consisting with the findings of Spitaler *et al.*, 2008,^[28] a high mountain altitude was chosen for cultivation of Bulgarian accessions A and I (1 400 m a.s.l. and 1 500 m a.s.l., respectively, and latitude 42.62° and 41.85°, respectively). In contrast, Finish samples were at low altitudes (59–117 m a.s.l.), as well as German and Polish ones (170 m a.s.l.), but on different Northern latitude (51–64°). It should be concluded that although Finland and Germany are geographically closer and samples set showed similar distribution in the cluster C2, a certain relationship between the distribution of the accessions into the clusters and geographical origin could not be defined. Therefore, it is more appropriate to consider the proposed method as a good technique for standardization of *Arnica* flowers and the clustering as a possibility of monitoring of *Arnica* plant material.

CONCLUSION

HC and PCA clustering on phenolic compounds 1–13 and the total amount of STLs in collections of *Arnicae flos* from different origins tended to cluster the studied 9 accessions into three main groups. The profiles obtained demonstrated that the samples from Germany and Finland are characterized by greater amounts of phenolic derivatives than the Bulgarian and Polish ones. Bulgarian accessions showed the tendency of a higher content of STLs. The pharmacy store sample was characterized by the lowest contents of the majority of the studied compounds (caffeic and ferulic acids, luteolin 7-glucoside, apigenin 7-glucoside, isorhamnetin, kaempferol and STLs), and a higher amount of individual chlorogenic acid and total phenolic acids assayed. Regardless of the modest sample set used in this work, the chemometric approach has been proved absolutely valid to distinguish *A. chamissonis* flowers. In future works, studies of larger accessions number should be done for the complete chemometric method allowing initial selection of *Arnica* plant material.

Acknowledgments

This study was financially supported by Grant 23/2014, Council of Medical Science at Medical University – Sofia (Bulgaria). The authors are grateful to Bertalan Galambosi, Agricultural Research Centre of Finland, Mikkeli, Finland, and Danuta Suiger, Department of Industrial and Medicinal Plants, University of Life Sciences, Lublin, Poland, for supplying the samples of *Arnicae flos* from Finland, Germany, and Poland.

Financial support and sponsorship

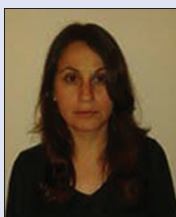
This study was financially supported by Grant 23/2014, Council of Medical Science at Medical University – Sofia (Bulgaria). The authors are grateful to Bertalan Galambosi, Agricultural Research Centre of Finland, Mikkeli, Finland, and Danuta Suiger, Department of Industrial and Medicinal Plants, University of Life Sciences, Lublin, Poland, for supplying the samples of *Arnicae flos* from Finland, Germany and Poland.

Conflicts of interest

There are no conflicts of interest.

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